



Saroeup “Sara” Im

Award Winning Author, Inspirational Speaker

Killing Fields Survivor shares message of hope & Resilience

Invite Sara to speak to inspire your audience

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As a survivor of the “Killing Fields,” during the oppressive Khmer Rouge regime of the 1970s, it’s been my privilege during the past few years, to share my experiences with others. I speak to inspire, motivate and encourage others to have hope, to be resilient and to gain a more positive perspective in their own lives.

Sadly, many people today struggle silently with emotional and physical pain, often due to high stress, health and personal issues which prevent them from fully enjoying life. Indeed, some even slip into depression or develop illness despite trying hard to regain normalcy.

I’ve found that by sharing my own painful experience of survival in a Cambodian forced labor camp, people have come away from my talks with more positive perspective in their own lives. It gives me great pleasure to share my story and bring hope to others.

I’ve written my story in an inspirational award winning book called ***How I survived the Killing Fields—A Story of Hope, Love and Determination***. I look forward to speaking to your group with the earnest hope that I may in some small way, help them to get through their own challenges.

More About THE Author

Following her escape to Thailand in 1980, Sara a year later immigrated to the U.S., starting a new life in Connecticut. In 1987, she became a U.S. citizen and graduated from Western Connecticut State University. In 1989, her mother and three brothers were able to reunite with her in the U.S. Beginning in 1999, she says she was fortunate to serve as her mother’s caregiver for the last 13 years of her life. In 2005, she moved to Tampa Bay with her mother and husband. Today, she runs her own business, “Smart Healthy Living,” in which she works to enhance people’s lives through the use of effective natural nutrition and safe personal care products. Sara is cofounder and a director for the Christian Professionals Network, member of Bay Area Professional Writers Guild, member of Holistic Network of Florida, member of Pinellas Park Gateway Chamber of Commerce and a long-time member of the Real Talkers Toastmasters Club 7306 in Clearwater, Florida.